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## **Cultural and educational leisure activities in rules of Ukraine**

The subject actuality is caused by the necessity to improve the contents, methods and practical forms of education especially in the field of social and pedagogical maintenance of young people's leisure. These demands are declared by Ukraine's laws such as: „About education” (1991, 1996, 2006), „About secondary school” (1999), the State National Program „Education” („Ukraine in the 21<sup>st</sup> century”, 1993), the State National Program „Education-2000”, National Doctrine of Education Development (2002), Conception of professional and technical education development in Ukraine (2004), Program of upbringing in the system of education of Ukraine for 2003–2012 years (2003) and in other normative and legal documents in the educational sphere of society.

The matter of leisure organization and its pedagogical maintenance were researched by V.J. Bochelyuk, V.V. Bochelyuk, A. Volovyk, V. Volovyk [Azarova 2005], R. Stebys, Y. Streltsova, V. Picha, V. Bocharov, G. Anashkina, B. Trushin G. Orlov, V. Rusanova [Kovalchuk 2012b], O. Mishutina [Kovalchuk 2011]. The theoretical basis of spare time sociology was developed by B. Artemov, A. Gordon, G. Zborovskiy [Volovyk 1999], I. Korsun G. Mintz, L. Myskevych G. Orlov, B. Trushin and other.

The actuality of the problem of pedagogical leadership in students' leisure activity was dealt with in the thesis studies by O. Golovanova, N. Dvortzova, L. Zaremba, V. Polukarpova, P. Titova and in the number of the theoretical research F. Akhmetova, V. Kirsanova, V. Nefyolova, T. Ryabova, I. Cherednichenko.

In the 60s and 70s of the 20th century „some groups of population felt not only shortening of the free time but also changes in the type of its spending while the problems of rest and worker's physical forces restoration became first-rate” [Volovyk 1999]. The scholars and teachers of the culturology department in NULES of Ukraine work over the matter of making students' free time substantial, along with NNC (educational and scientific center) teachers – specialists in cultural, educational and social work, with the sector of students' affairs and educational work, with departments of humanities and the physical culture department. „Culture – said Albert Schweitzer, – assumes the presence of free people because only they can produce and realize their principles” [Azarova 2005].

„Free time of a person is a space for his all-round development, for the free choice of means to satisfy his spiritual and physical needs, for a display of his social activity in compliance with his personal life experience, common society, class and social group experience, and readymade social conditions” [Volovyk 1999: 45]. V.S. Rusanova remarks: „Leisure is often used as a synonym of free time. But to be more precise leisure means an opportunity of various activities in free time [...] The questions why there is spare time and how it is used a person decides himself each time according to his life goals and moral values” [Kovalchuk 2012b: 18].

Besides practical studies of special subjects in NULES of Ukraine, students spend their spare time at hobby groups, clubs, studios, sport sections. They take part in numerous events, which form their artistic and aesthetic, moral and ethical culture, as well as spiritual one [Kovalchuk 2012a].

The future social teachers in NULES of Ukraine have the opportunity to develop their musical talents. The nature of the music passions of the future social teachers is different. The diversity of their activity is also an important reason for the intensification of formation of the artistic and aesthetic, moral and ethical and spiritual culture. Each form of music contact may have different stages of activity: beginning from reproductive (reflective) and up to creative (productive). More lofty activities at spare time are those, which help a person to develop and realize his creative potential, most effectively improve himself as an individual and participate in the production of material and spiritual values. That is why these two notions are not identical. Free time is a space, but leisure is its contents [Volovyk 1999].

As to O.V. Mishutina „The basis of leisure is the opportunity for creation, self-expression, physical and intellectual perfection of a person” [Kovalchuk 2011]. More than once researchers would underline the capacity of art, especially music, to pass information, to wake up person’s creative abilities, to give an opportunity for self-expression, to serve the mightiest measure for moral, aesthetic and spiritual education [Azarova 2005; Volovyk 1999; Kovalchuk 2012a; Kovalchuk 2011].

Rector’s office, students’ and trade-union organizations, scholars, tutors of the academic groups in NULES of Ukraine organize substantial leisure for the students according to the personal interests of the latter meaning to meet their spiritual, creative and physical needs. V.S. Rusanova considers that „leisure is defined as a phenomenon in social and cultural sphere of life that is the activity which a person chooses freely according to his own interests and which is directed to meet his spiritual, creative and physical needs” [Kovalchuk 2012b].

The culturology department in NULES of Ukraine exercises cultural and educational work. The students develop their creative abilities in the following groups:

- Folk song and dance company „Ear of wheat” (Kolos) (director – associate professor, Honored Cultural Worker of Ukraine S. Semenovsky);

- Popular brass band (director – assistant professor O. Kalinichenko);
- Folk theatre „Berezil” (director – assistant professor N. Titenko);
- School of academic soloist singing (director – associate professor, Honored Artist of Ukraine N. Shelepnytska);
- Academic choir, students’ theatre „Bravo” (director – assistant professor L. Shkvarun);
- Dance troupe „Constellation of girls” (Divoche suzirya) (director – assistant professor O. Saurina);
- School of pop singing, singing group „Octave” (Oktava) (director – assistant N. Melikova);
- Ballroom dance troupe „Charm” (Charivnist) (director – associate professor S. Makoda);
- Pop-group „Otava” (director – associate professor, Honored Artist of Ukraine R. Rudy);
- Music chamber „Golden lyre” (Zolota lira) (director – associate professor T. Melnichuk);
- Press-studio „Ideal” (director – associate professor M. Voznyuk);
- Art-school „Golosiivska palitra”, „Decorative floristic” (Decorativna floristika) study group (director – associate professor Ya. Puzyrenko);
- Society of theatre amateurs „Melpomene” (director – associate professor V. Pantalienko).

Traditionally the following events are held in NULES of Ukraine: The Day of Knowledge, The International Amateur Arts Festival „Golosiivska vesna”, „NULES of Ukraine Beauty” pageant, „Shevchenko Days” (package of activities commemorating the great Ukrainian poet Taras Shevchenko) etc.

Every year students’ companies of performers are ready to participate in the Ukrainian Amateur Arts Festival „Sofiivski zori”, in the International Exhibition „Agro”, in some other festivals, contests and art events.

Annually the International Amateur Arts Festival „Golosiivska vesna” takes place in the University. The creatively gifted young people show their talents in the following areas and styles of creative work:

- Folk style: solos, groups, choirs;
- Folk dances;
- Instrumental academic performance (solos, companies, orchestras);
- Classical choreography;
- Ballroom dance (European program);
- Theatre (excerpts from plays);
- Declamation or dramatic reading;
- Variety and pop-style: pop songs (solos, groups);
- Ballad songs;
- Modern music (VIA, rock-groups, jazz-bands);
- Modern dance;

- Ballroom dance (Latin American program);
- Pantomime (dumb show);
- STEM (humorous scenes from students' life).

Future social teachers can join the socially important forms of activity. Thus, the ecological club, the scientific club, the experts' club, the tourist club „Snow leopard” (Bars), the social center, the managers' club, the game club „City” (Misto), the game club KVK, the sport club, the media-center „Focus” (Fokus) function as a part of the students' organization structure in NULES of Ukraine. They have such aspects of activity as information, multimedia, mass media, art, social nets.

Well-known artists of Ukraine often visit the University and share their experience with future social teachers:

- People's Artists of Ukraine: R. Nedashkivska, V. Gutsal, V. Gryshko, D. Gnatyuk, P. Dvorsky, V. Talashko, O. Kharchenko;
- Honored Artists of Ukraine: G. Sumska, P. Merezhuk, S. Myrvoda, L. Vernigor etc.

The analysis of the opportunities to build up the spiritual culture of the NULES students testifies to the effect that the favorable conditions to develop spirituality of students are created with the help of music art resources: availability of the Ukrainian and World culture center; human resources (Honored and People's Artists of Ukraine); singing groups and companies; numerous traditional concerts of classical, brass band and pop music; classical music lecture centers; meetings with Honored Musical Art Workers.

The physical culture department carries out health promotion cultural leisure program.

The favorable conditions are created in NULES of Ukraine for the future social teachers training. Particularly there are study groups, clubs, studios, sport sections, main departments etc., which serve the purpose of the perfection of personal qualities; vocal, theatrical and musical abilities; physical development and health improvement; which prepare students to be able to manage leisure time and give the opportunity to acquire the necessary knowledge, skills, habits and encourage self-perfection at the interdisciplinary level in time of extracurricular activities and university-wide events.

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### **Abstract**

Cultural and educational work in NULES of Ukraine has fruitful influence on the formation of future social teachers' preparedness to deal with leisure activity. The favorable conditions are created at the University with the purpose of individual and professional qualities improvement; theatrical, vocal and musical gifts perfection and physical development.

**Key words:** NULES of Ukraine, studio, theatre, leisure, artistic creative company, pantomime, variety art, vocal, ballroom dance, declamation.